



Sustainable Lifestyles Policies, Instruments, Frameworks, Projects and Initiatives Questionnaire

1. Welcome to the Sustainable Lifestyles Questionnaire

The way we live our daily lives - our choices, habits and the context within which we live - have a profound effect on our planet, our communities and our wellbeing.

People around the world are finding new ways to live that support quality of life within our fair share of the Earth's resources - we need your help in revealing the thousands of solutions!

The Institute for Global Environmental Strategies and One Earth invite you to share examples of sustainable ways of living.

What are we looking for?

We are interested in solutions to how we live, move, consume, eat, relax, connect with each other, and spend our time. Your work may be focused on food, mobility, housing, consumer goods, leisure - or you may bring them together in a sustainable lifestyles initiatives.

We welcome these solutions in every form such as:

- Initiatives
- Experiments
- Policies and instruments
- Frameworks and ideas
- Business models
- Community projects
- Arts and education programs
- And more...

Some initial examples and further information about this project can be found on our [website](#).

Filling out the questionnaire

Your progress through the questionnaire is shown through the progress bar and page numbers. Please note that you can re-visit previous questions by using the buttons at the bottom of each page.

Responses will be saved as you complete each page. However, once you close any tab the questionnaire is on, you will not be able to access your replies again. This is due to the questionnaire needing to allow multiple submissions from the same device. Please complete the questionnaire before closing the tab.

Please note it takes around 30 - 60 minutes to fill out this questionnaire.

Thank you very much for your kind contribution to our project! We look forward to reading your submission.

This questionnaire is part of the Envisioning Future Low-Carbon Lifestyles and Transitioning Instruments Project. The project is part of the Sustainable Lifestyles and Education Programme of the 10-Year Framework of Programmes on Sustainable Consumption and Production Patterns (10YFP). The One Planet Network is the network of the 10 Year Framework of Programmes on Sustainable Consumption and Production.



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2. Policy/Instrument/Framework/Project/Initiative Overview

Let's get an overview of the policy/instrument/framework/project/initiative you are submitting

* 1. Name of the Policy/Instrument/Framework/Project/Initiative

* 2. Name of the Implementer or Implementing Agency

* 3. Policy/Instrument/Framework/Project/Initiative Description (in 3 or 4 sentences)

4. In your own words, how does this policy/instrument/framework/project/initiative connects to the goal of support advancing sustainable lifestyles, that is, promotes a better quality of life in social and environmental terms in every day living?

5. What type of organisation was the implementing agency? If more than one implementer was involved, please tick as many boxes that apply.

- Academia
- Community based organization
- Faith group
- Local government
- Individual
- Informal community group
- International organization
- National government
- Network
- Non-governmental organization
- Private sector - large or multi-national corporation
- Private sector - small and medium-sized enterprise (less than 250 employees)
- Regional government
- Other (please specify)

* 6. Which areas are targeted? (Please select all that apply).

- Food
- Mobility
- Building
- Other (please specify)
- Consumer goods
- Leisure
- General/Cross-cutting

* 7. Geographic Scope (please select all that apply)

- International
- Regional
- National
- Province or State
- City/town or village
- Community
- Individual(s) or Household

8. In which country was it implemented?

9. If applicable, please tell us which city or town it was implemented in

10. Please give details of any previous policy, activity or research which inspired the design

11. Which year did it start?

12. Duration in months (if on-going please leave blank)

13. Which of the following were the original intentions for implementing? (please select all that apply)

- Anticipating or influencing future legal requirements
- Building a sustainable community
- Business opportunity (starting a business or social enterprise)
- Climate change
- Cost savings
- Economic or financial system change (challenging the structure of the current system)
- Education
- Environmental improvement (e.g., urban greening, reduced pollution, less waste)
- Fostering entrepreneurship
- Gender equality
- Income generation
- Individual or community empowerment
- International agreement (e.g. sustainable development goals, Paris Agreement etc.)
- Improve business competitiveness (attract/retain talent, enhance reputation, facilitate networking)
- Job creation
- Legal compliance (current)
- Nature conservation / preservation
- Provision of basic needs
- Public demand
- Public health
- Public facilities provision
- Public reputation (improve or preserve)
- Reduce environmental footprint (e.g. material, carbon, ecological)
- Resource efficiency
- Social connection
- Social justice / equality / inclusion
- Spiritual / faith
- Other (please specify)

14. Please list the top three motivations

15. What were the stated objectives or goals?



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3. Implementation

On this page we ask you about what were implementation issues - barriers, success factors, approach used, communication tools, and technical knowledge required.

* 16. To what degree were the following enabling or supporting factors?

	Not applicable/Not a significant factor	Slight enabler - although a factor, its absence could have been overcome easily	Moderate enabler - this was supportive, but its absence would have not changed the case	Major enabler - without this, goals/objectives would have needed to be changed	Critical enabler - without this, implementation would probably not be possible
Access to funds (e.g. grant, investment, loan etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to land	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to meeting facilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to technology	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Availability of staff	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Availability of specialist or technical knowledge	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Business support (local, regional or national)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Economic conditions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Government policy or services (local, regional or national)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Legal framework	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Media (local, regional or national)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Political will (presence of at the local, regional or national levels)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Public engagement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Not applicable/Not a significant factor	Slight enabler - although a factor, its absence could have been overcome easily	Moderate enabler - this was supportive, but its absence would have not changed the case	Major enabler - without this, goals/objectives would have needed to be changed	Critical enabler - without this, implementation would probably not be possible
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Quality of infrastructure (local, regional or national)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Societal acceptance (accepting the need and/or the outcomes)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social norms (including cultural norms and local traditions)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please give further details of supporting or enabling factors if necessary

* 17. To what degree were the following a challenge?

	Not applicable/Not a significant factor	Slight challenge - although a factor, it could be easily overcome	Moderate challenge - this could be overcome with effort without changing the case	Major challenge - some aims of the case needed to be changed to overcome	Critical challenge - the case needed to be significantly changed to overcome
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Access to funds (e.g. grant, investment, loan etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to land	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to meeting facilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to technology	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Availability of staff	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Availability of specialist or technical knowledge	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Business opposition (local, regional or national)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Economic conditions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Government policy or services (local, regional or national)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Legal framework	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Media (local, regional or national)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Not applicable/Not a significant factor	Slight challenge - although a factor, it could be easily overcome	Moderate challenge - this could be overcome with effort without changing the case	Major challenge - some aims of the case needed to be changed to overcome	Critical challenge - the case needed to be significantly changed to overcome
Political will (absence of at the local, regional or national levels)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Public engagement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Quality of infrastructure (local, regional or national)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Societal acceptance (accepting the need and/or the outcomes)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social norms (including cultural norms and local traditions)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please give further details of challenges if necessary

18. What was the main approach used? (please choose a maximum of three)

- | | |
|---|--|
| <input type="checkbox"/> Advocacy for policy change (targeted at policy makers) | <input type="checkbox"/> Financial incentive (subsidy, tax break, fines) |
| <input type="checkbox"/> Build capacity / training | <input type="checkbox"/> Implement a pilot/demonstration project |
| <input type="checkbox"/> Campaign / awareness raising (aimed at general public) | <input type="checkbox"/> Peer-to-peer learning |
| <input type="checkbox"/> Convene stakeholders / partners | <input type="checkbox"/> Policy change / regulation |
| <input type="checkbox"/> Develop an on-going programme / service | <input type="checkbox"/> Start a business or social enterprise |
| <input type="checkbox"/> Other (please specify) | |

19. What communication tools were used?

- Awareness raising event (such as Zero Waste Month, Biodiversity Day etc.)
- Community Meetings
- Door to door canvassing
- Opinion polls or questionnaires
- Posters and flyers
- Printed media (newspapers, magazines etc.)
- Radio
- Social Media
- Website
- Other (please specify)

20. Level of expertise / specialist knowledge / technical capacity required to implement (check all that apply)

- No expertise required
- Required expertise easily sourced locally at minimal or no cost
- Needed capacity built through a short course or workshop
- Requires involvement of a small number of personnel with specialist training (and certification)
- Requires involvement of a large number of personnel with specialist training (and certification)



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4. Case Study Results

Here we ask what the impacts of the case were, whether they were sustained and how far the goals and objectives succeeded.

* 21. What were the results? (check all that apply)

	Too early to say	Impacts were observed	Impacts were measured	Impacts were long term	Impacts were temporary	Not applicable
Anticipating or influencing future legal requirements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Building a sustainable community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Business opportunity (starting a business or social enterprise)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climate change	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cost savings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Economic or financial system change (challenging the structure of the current system)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Education	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Environmental improvement (e.g., urban greening, reduced pollution, less waste)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fostering entrepreneurship	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gender equality	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Income generation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Individual or community empowerment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Too early to say	Impacts were observed	Impacts were measured	Impacts were long term	Impacts were temporary	Not applicable
International agreement (e.g. sustainable development goals, Paris Agreement etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Improve business competitiveness (attract/retain talent, enhance reputation, facilitate networking)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Job creation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Legal compliance (current)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nature conservation / preservation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Provision of basic needs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Public demand	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Public health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Public facilities provision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Public reputation (improve or preserve)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reduce environmental footprint (e.g. material, carbon, ecological)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Resource efficiency	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Social connection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Social justice / equality / inclusion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Spiritual / faith	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Other (please specify)

22. Did the goals/objectives change during implementation? If so, please describe

* 23. Were the goals/objectives achieved?

Completely	To a Great Extent	Somewhat	Very Little	Not at all	Not applicable - activities incomplete or too early to say
					<input data-bbox="1342 286 1375 331" type="radio"/>

* 24. Were the results measured? If implementation is on-going, are they being measured?

- Yes
- No
- Don't Know

25. If results were measured, please detail the methodology below

26. If results were measured, please give the results below

27. What were 2-3 factors contributing to success?



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5. The Way Forward

Here we ask what the future plans are.

* 28. To what degree has impact been sustained?

Not at all - impact ended following the end of initial activities	Very Little - there has been sustained change in a small number of beneficiaries, but not widespread	Somewhat - there has been a sustained change in a significant number of beneficiaries	To a Great Extent - there has been a sustained change in the majority of beneficiaries	Completely - there has been a sustained change in the great majority of beneficiaries	Not applicable - activities not complete or too early to say
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

29. If it is not completed, please describe what will be done to ensure impact is sustained

* 30. Were other similar interventions inspired by this? Did others use this as a model?

- Yes
- No
- Not applicable
- Don't know

31. Name of any other interventions that was inspired by this

32. Would you like to recommend another case policy/instrument/framework/project or initiative which you don't have details for? If so please give a brief description and the contact details (if available)

33. Please list any references used and links to relevant videos / documents / publications.

34. If there is anything else you would like to tell us about your submission, please do so here.

* 35. Please tell us a little about yourself (name, email and country are required)

Name	<input type="text"/>
Affiliation (company, institute etc.)	<input type="text"/>
Address	<input type="text"/>
Address	<input type="text"/>
City/Town	<input type="text"/>
State/Province	<input type="text"/>
ZIP/Postal Code	<input type="text"/>
Country	<input type="text"/>
Email Address	<input type="text"/>
Phone Number	<input type="text"/>

* 36. Were you or your organisation directly involved in the implementation ?

- Yes
 No

37. If you were not part of the implementing agency, please select the option which best describes your background

* 38. Would you be willing to have a follow-up interview with us?

- Yes
 No